

# Inherent risks

Inherent risks from the weather	Inherent risks from the environment	Inherent risks from the practice of the activity	Inherent risks caused by the client
<b>ZIP LINES</b>			
<ul style="list-style-type: none"> <li>- Illness caused by the sun (Sun burn, heatstroke, dehydration)</li> <li>- Illness caused by the cold (Hypothermia, frostbite)</li> <li>- Injuries caused by falling to the ground because of wetness from rain</li> <li>- Violent wind</li> <li>- Lightning</li> <li>- Sudden violent rain or snow storms</li> </ul>	<ul style="list-style-type: none"> <li>- To be crushed by a falling tree or branch</li> <li>- Sprains or fall caused by the rugged ground</li> <li>- Insect stings( bees, wasps, mosquitoes, deer flies)</li> <li>- Glass cuts from broken bottles (vandalism)</li> <li>- Poison ivy</li> </ul>	<ul style="list-style-type: none"> <li>- Vertigo</li> <li>- Catching of hair in the equipment (pulley, carabiner)</li> <li>- Catching of fingers in the equipment (pulley, carabiner)</li> <li>- Falls after making a bad move</li> <li>- Falls off the top of the platforms</li> <li>- Falls from not using the equipment in the proper fashion</li> <li>- Falls during the completion of the activity</li> <li>- Falls due to broken equipment or bad up keep of equipment</li> <li>- Broken anchor points</li> <li>- Broken security straps or harnesses</li> <li>- Burnt hands from the steel cables of ropes</li> <li>- Injuries after a contact (bruises)</li> <li>- Torn muscles</li> <li>- Collision with the zip line landing platforms</li> <li>- Collisions between people on the cable</li> <li>- Medical complications caused by stress or fear</li> <li>- Muscle weakness (lack of force to complete the activity)</li> </ul>	<ul style="list-style-type: none"> <li>- Misunderstanding of the warning and information signs</li> <li>- Surplus weight causing an inability to wear the harness in the proper manner</li> <li>- Small size causing an inability to wear the harness in the proper manner</li> <li>- Using the equipment and infrastructure outside of operating hours or without supervision</li> <li>- Breakages caused by too many people on platforms or bridges (not following security instructions)</li> </ul>
<b>HIKING</b>			
<ul style="list-style-type: none"> <li>- Illness caused by the sun (Sun burn, heatstroke, dehydration)</li> <li>- Illness caused by the cold (Hypothermia, frostbite)</li> <li>- Injuries caused by falling to the ground because of wetness from rain</li> <li>- Precipitation (rain, hail, snow)</li> <li>- Lightning</li> <li>- Darkness</li> </ul>	<ul style="list-style-type: none"> <li>- To be crushed by a falling tree or branch</li> <li>- Sprains or falls caused by the rugged or wet ground</li> <li>- Insect stings ( bees, wasps, mosquitoes, deer flies)</li> <li>- Glass cuts from broken bottles (vandalism)</li> <li>- Poison ivy</li> <li>- Meeting wild animals</li> </ul>	<ul style="list-style-type: none"> <li>- Falls after making a bad move</li> <li>- Injuries after a contact (bruises)</li> <li>- Head injuries after a fall</li> <li>- Torn muscles</li> <li>- Medical complications caused by stress or fear</li> <li>- Muscle weakness (lack of force to complete the activity)</li> <li>- Sprains</li> <li>- Broken bones</li> <li>- Scrapes and scratches on hands and knees</li> <li>- Chronic breathlessness</li> <li>- To get lost</li> <li>- Injuries from the equipment (crampons, walking poles)</li> </ul>	<ul style="list-style-type: none"> <li>- Stressed caused by a tight time schedule</li> <li>- Alcohol and drugs</li> <li>- Macho attitude and pressure to perform</li> <li>- Misunderstanding communications (language difficulties)</li> <li>- Altercations between individuals (staff and clients)</li> <li>- Stampede caused by the arrival of a VIP or famous person</li> <li>- Suicidal tendencies</li> </ul>
<b>SNOWSHOEING</b>			
<ul style="list-style-type: none"> <li>- Illness caused by the sun (Sun burn, heatstroke, dehydration)</li> <li>- Illness caused by the cold (Hypothermia, frostbite)</li> <li>- Precipitation (rain, hail, snow)</li> <li>- Lightning</li> <li>- Darkness</li> </ul>	<ul style="list-style-type: none"> <li>- To be crushed by a falling tree or branch</li> <li>- Glass cuts from broken bottles (vandalism)</li> <li>- Meeting wild animals</li> </ul>	<ul style="list-style-type: none"> <li>- Falls after making a bad move</li> <li>- Injuries after a contact (bruises)</li> <li>- Head injuries after a fall</li> <li>- Torn muscles</li> <li>- Medical complications caused by stress or fear</li> <li>- Muscle weakness (lack of force to complete the activity)</li> <li>- Sprains</li> <li>- Broken bones</li> <li>- Chronic breathlessness</li> <li>- To get lost</li> <li>- Injuries from the equipment (crampons, walking poles)</li> <li>- Injuries from camping or survival equipment (water heater, axes and knives)</li> </ul>	